

Fetal Ebstein Anomaly

Shaine A. Morris, MD, MPH
Associate Professor of Pediatrics
Medical Director, Fetal Cardiology
Medical Director, Cardiovascular Genetics
Texas Children's Hospital



What we know

- **Strongly associated with fetal demise or neonatal death:** Lack of antegrade pulmonary blood flow, PR, Larger TV annulus (esp >z-score 6), Abnormal UA pulsatility, low UV velocity, Dx < 32weeks GA, pericardial effusion.
- **Fetal interventions** include NSAIDS, O2, MPA occlusion.
 - Only NSAID have data (data still sparse, possibly confounded by increased use of Starnes procedure. NSAIDS have both complications of renal dysfunction and ductal closure, but these seem uncommon)
- **Postoperative management:**
 - Most critical factors: circular shunting, ability RV to support pulmonary circulation
 - The latter may be challenging to predict at times and teams are often torn between waiting on the PDA to close and going straight to Starnes or ECMO/Starnes.



What we need

- ***Studies limited to fetuses with any degree of PR***
 - *What predicts mortality in this subset? Some are okay while others decompensate quickly.*
 - *Which pts in this cohort survive waiting for the duct to spontaneously close.*
 - *Does every single one need to go straight to Starnes?*
 - *Besides hemodynamic instability postnatally, are there other factors that are highly reliable prenatally in this subset?*
- ***More universal genetic testing and studies of association with outcome.*** *It is unknown if MYH7 variants are a risk factor for worse outcome because often not tested.*
- ***Further consideration of MPA occlusion in the fetus,*** *which would allow for adequate pulmonary blood flow but cessation of the circular shunt.*

