



## NEONATAL EBSTEIN'S ANOMALY

### Surgical treatment Staged Cone Repair

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# Surgical Management and Outcomes of Ebstein Anomaly in Neonates and Infants: A Society of Thoracic Surgeons Congenital Heart Surgery Database Analysis

Kimberly A. Holst, MD, Joseph A. Dearani, MD, Sameh M. Said, MD, Ryan R. Davies, MD, Christian Pizarro, MD, Christopher Knott-Craig, MD, T. K. Susheel Kumar, MD, Vaughn A. Starnes, MD, S. Ram Kumar, MD, PhD, Sara K. Pasquali, MD, MHS, Dylan P. Thibault, MS, James M. Meza, MD, MSc, Kevin D. Hill, MD, MS, Karen Chiswell, PhD, Jeffrey P. Jacobs, MD, and Marshall L. Jacobs, MD

## The Society of Thoracic Surgeons Congenital Heart Surgery Database

2010 to 2016 at 95 centers - 239 infants and 255 neonates

### NEONATES

- median 7 days
- preoperative ventilation 61.6%
- primary operation
  - Ebstein repair 39.6% (101)
  - Systemic-to-pulmonary shunt 20.4% (52)
  - Tricuspid valve closure 9.4% (24).
  - PA banding 5.5% (12)
  - Other 25%

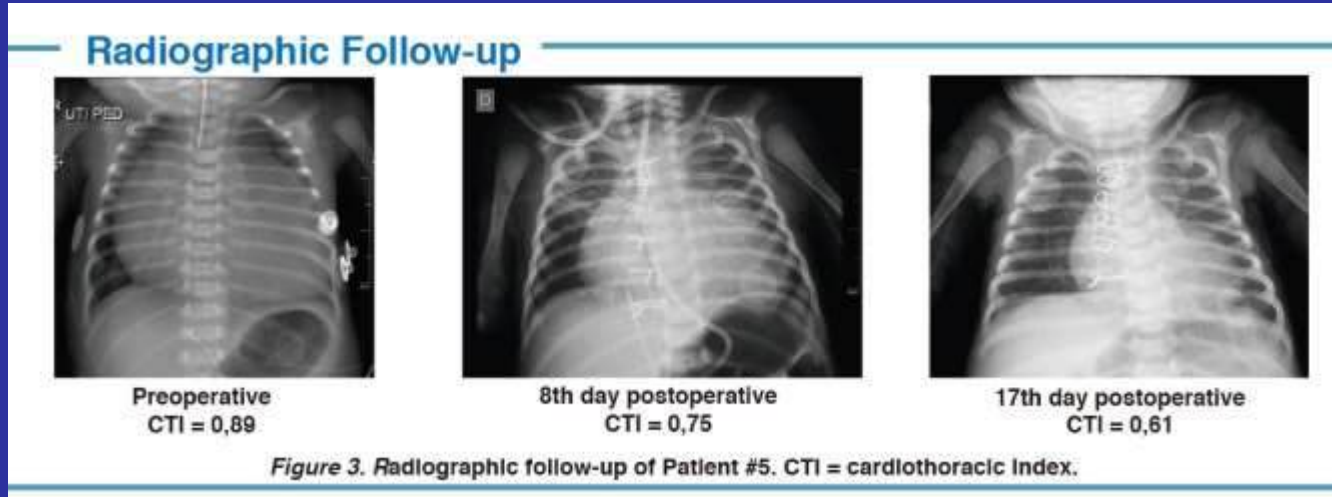
**Overall neonatal operative mortality was 27.4% (n 70) and 9.2% in infants**

Mortality for neonates requiring preoperative ECMO was 75.0% (12 of 16)

*The Annals of Thoracic Surgery*, May 2018

# Neonatal Ebstein's Anomaly

## Cone Procedure (N=8)

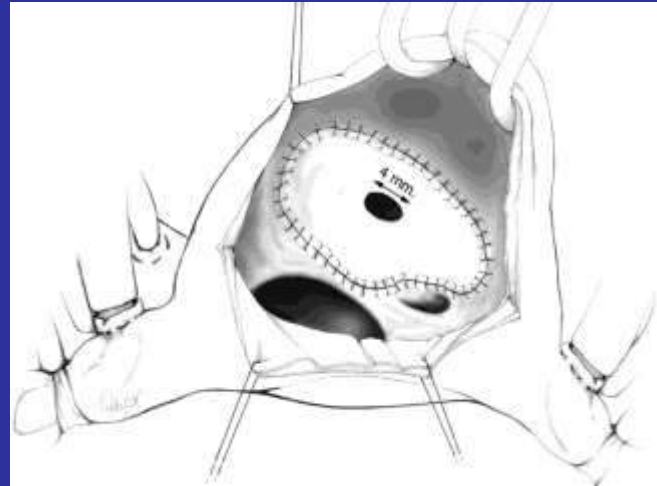
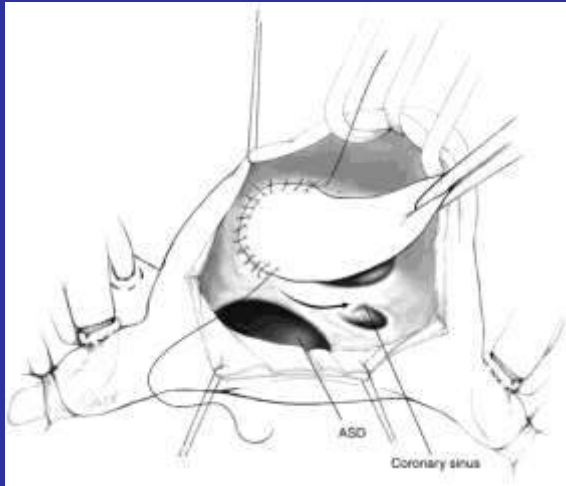


Good results depending on RV function and degree of displacement

# Neonatal Ebstein's Anomaly

## Starnes (1991) – RV exclusion and BT shunt

### UNIVENTRICULAR PHYSIOLOGY



## Neonatal Ebstein's Anomaly

The Starnes procedure is REPRODUCIBLE, and effective early palliative treatment of the neonate in critical condition. (Univentricular heart)

Before 2019: decision between Biventricular repair x Single ventricle at neonatal period.

The right ventricle undergoes progressive involution after the Starnes procedure<sup>1</sup>

At a point in this reverse remodeling process, the right ventricle might be a suitable pump for a biventricular repair.<sup>2</sup>

1. Reemtsen BL et al. *J Thorac Cardiovasc Surg* 2007,134 (6):1410-1412

2. Da Silva JP, Viegas M, MD, Castro-Medina M, Da Fonseca Da Silva L. *JTCVS Techniques*, 2020. 3:281–283

## The Da Silva cone operation after the Starnes procedure for Ebstein's anomaly: New surgical strategy and initial results

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JTCVS Techniques 2020; ■: 1-3

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<https://doi.org/10.1016/j.xjtc.2020.05.011>



The completed Da Silva cone repair after a neonatal Starnes procedure.

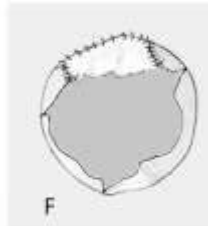
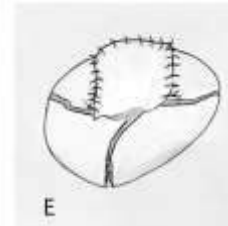
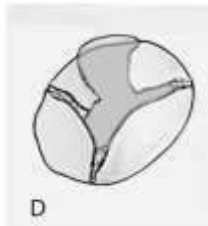
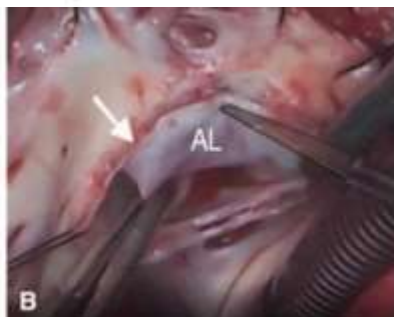
### CENTRAL MESSAGE

Tricuspid valve repair using the cone technique after a neonatal Starnes procedure is feasible, allowing right ventricle rehabilitation and restoring a biventricular physiology.

▶ Video clip is available online.

## The Da Silva cone operation after the Starnes procedure for Ebstein's anomaly: New surgical strategy and initial results


Jose Pedro Da Silva, MD, Melita Viegas, MD, Mario Castro-Medina, MD, and Luciana Da Fonseca Da Silva, MD, Pittsburgh, Pa



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### CENTRAL MESSAGE

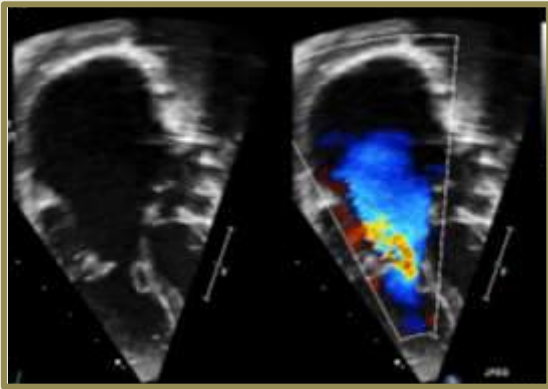
Tricuspid valve repair using the cone technique after a neonatal Starnes procedure is feasible, allowing right ventricle rehabilitation and restoring a biventricular physiology.

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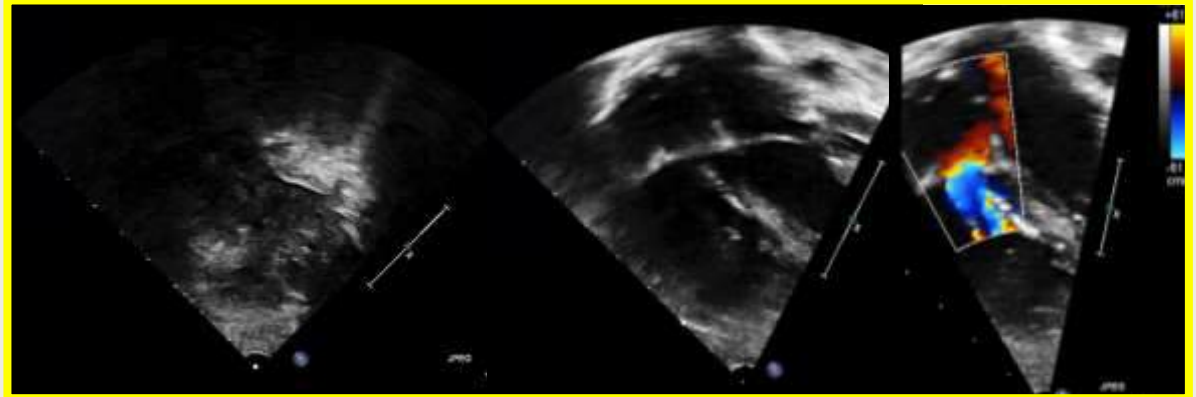




## Biventricular repair with Cone after Starnes



Newborn



Cone biventricular repair 5 months after ECMO+Starnes



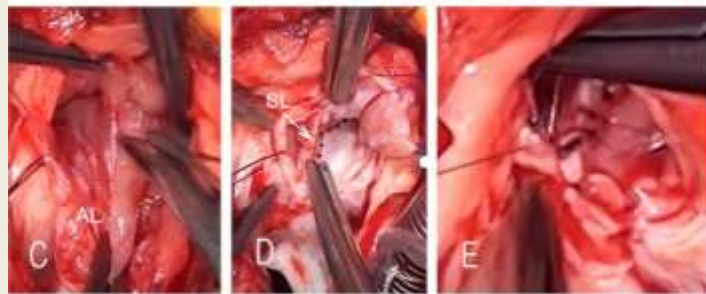
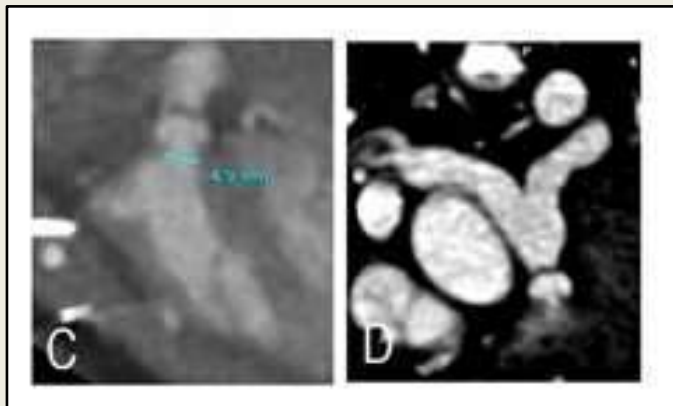
Neonatal circular shunt



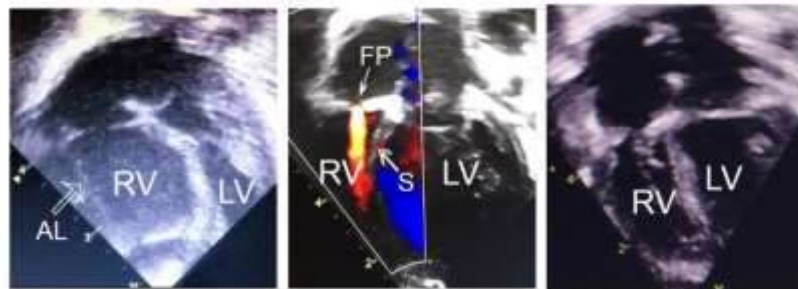
Starnes + PA patch



Cone + PA patch removal  
5-6 months



CONE + Pulmonary valvoplasty at 5 months



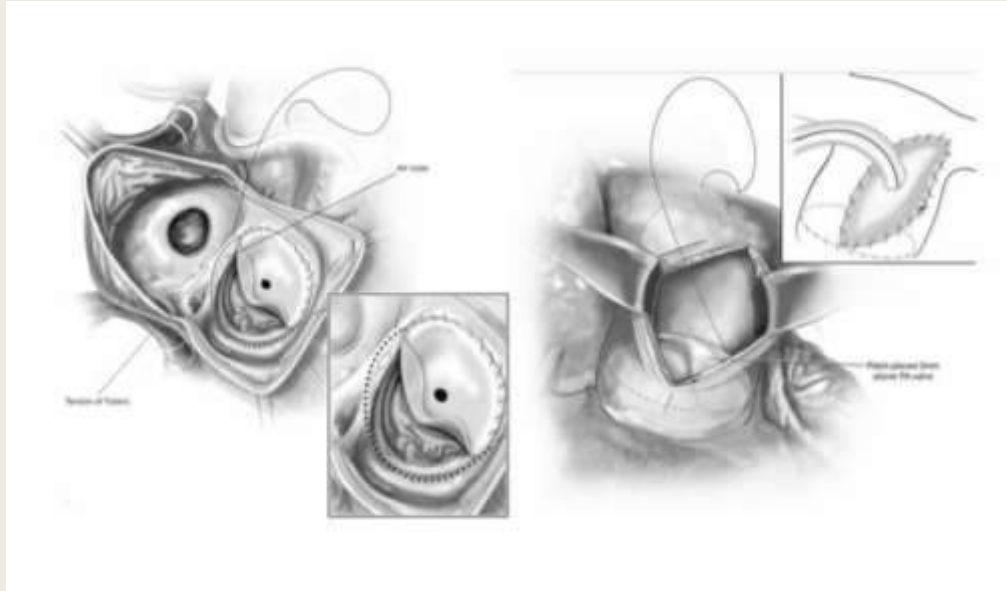
Sequential echocardiograms

Lopes LM, Da Silva JP, Freire R, Da Silva LF.

Cardiology in the young, published on line on 03/8/2021

# Surgical details

## At Starnes Procedure



Adequate Pulm Valve or PI



Cone at 5-6 mo  
Biventricular repair

Avoid:

- heart block
- damage to TV leaflets and PV

# Surgical details

## At Glenn

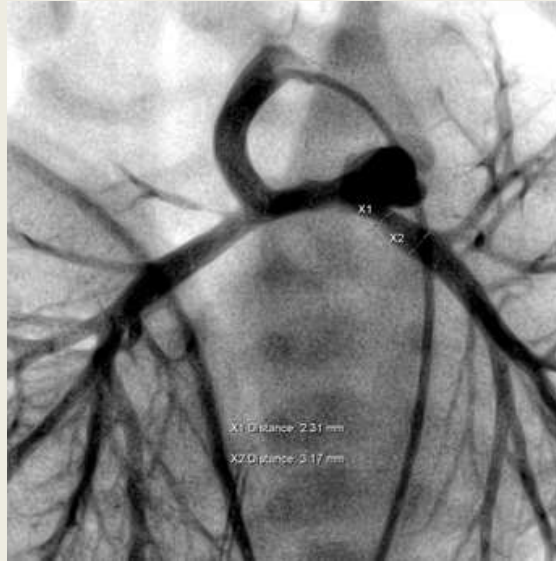
Anatomical Pulm Atresia



Glenn at 5-6 mo

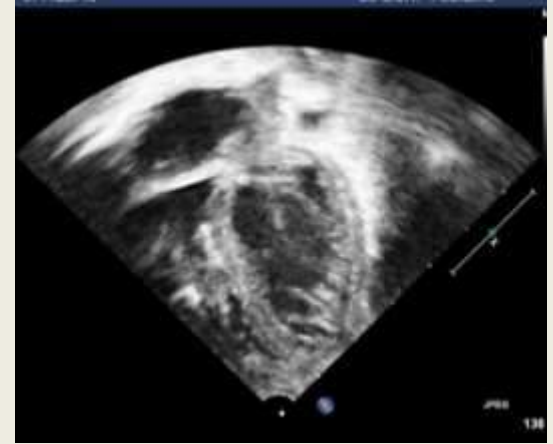
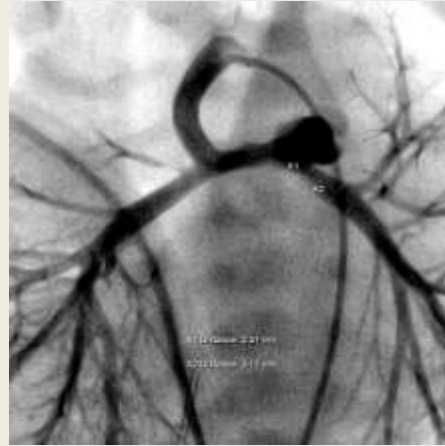
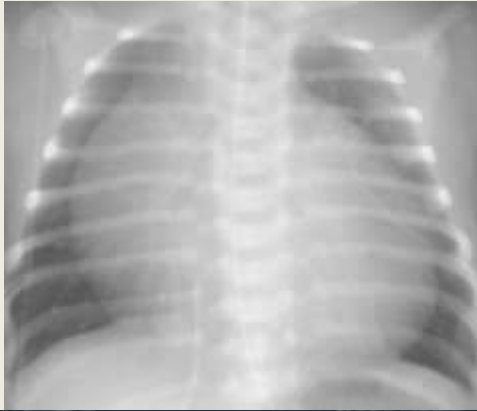


Cone at 12-18 mo  
1 ½ ventricular repair



Pulmonary commissurotomy  
-Keep the RV and PV flow/stimulus to grow

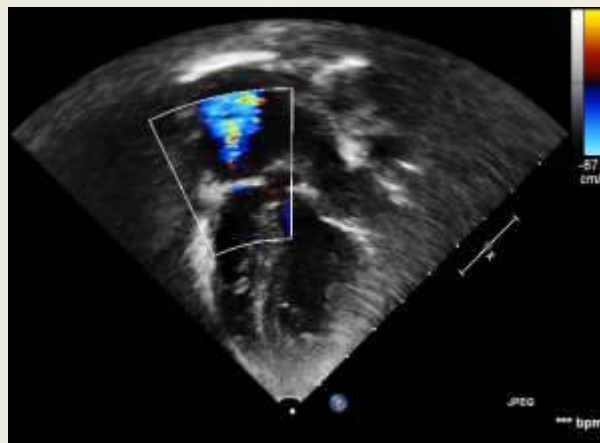
Ebstein's anomaly with membranous pulmonary atresia  
BT shunt, ECMO, Starnes, Glenn 3.5 mo, Cone 17mo



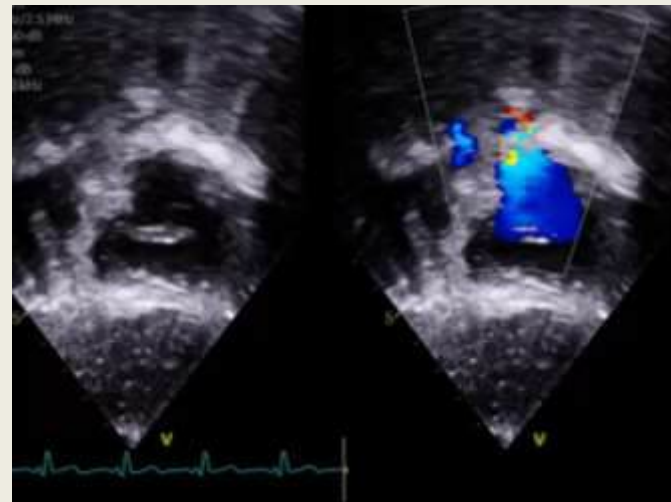
5 weeks after Starnes TR grad 11mmHg

# Ebstein's anomaly with membranous pulmonary atresia

## BT shunt, ECMO, Starnes, Glenn, Cone



After Glenn 19 mmHg TR gradient



2 years After Cone and  
PV valvoplasty

## The American Association for Thoracic Surgery (AATS) 2024 expert consensus document: Management of neonates and infants with Ebstein anomaly



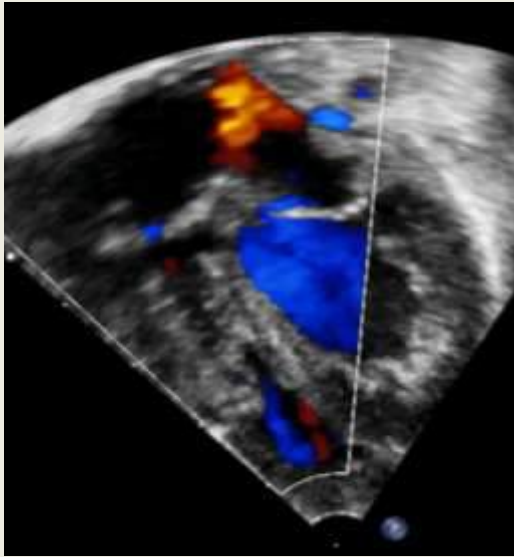
Igor E. Konstantinov, MD, PhD, FRACS,<sup>a,h</sup> Paul Chai, MD,<sup>c</sup> Emile Bacha, MD,<sup>d</sup>  
Christopher A. Caldarone, MD,<sup>c</sup> Jose Pedro Da Silva, MD,<sup>f</sup> Luciana Da Fonseca Da Silva, MD,<sup>f</sup>  
Joseph Dearani, MD,<sup>g</sup> Lisa Hornberger, MD,<sup>h</sup> Christopher Knott-Craig, MD, FACS,<sup>i</sup> Pedro del Nido, MD,<sup>j</sup>  
Muhammad Qureshi, MD,<sup>k</sup> George Sarris, MD,<sup>l</sup> Vaughn Starnes, MD,<sup>m</sup> and Victor Tsang, MBBS<sup>n</sup>

**Results:** When evaluating fetuses with EA, those with severe cardiomegaly, retrograde or bidirectional shunt at the ductal level, pulmonary valve atresia, circular shunt, left ventricular dysfunction, or fetal hydrops should be considered high risk for intrauterine demise and postnatal morbidity and mortality. Neonates with EA and severe cardiomegaly, prematurity (<32 weeks), intrauterine growth restriction, pulmonary valve atresia, circular shunt, left ventricular dysfunction, or cardiogenic shock should be considered high risk for morbidity and mortality. Hemodynamically unstable neonates with a circular shunt should have emergent interruption of the circular shunt. Neonates in refractory cardiogenic shock may be palliated with the Starnes procedure. Children may be assessed for later biventricular repair after the Starnes procedure. Neonates without high-risk features of EA may be monitored for spontaneous closure of the patent ductus arteriosus (PDA). Hemodynamically stable neonates with significant pulmonary regurgitation at risk for circular shunt with normal right ventricular systolic pressure should have an attempt at medical closure of the PDA. A medical trial of PDA closure in neonates with functional pulmonary atresia and normal right ventricular systolic pressure (>20-25 mm Hg) should be performed. Neonates who are hemodynamically stable without pulmonary regurgitation but inadequate antegrade pulmonary blood flow may be considered for a PDA stent or systemic to pulmonary artery shunt.



# Pre-Cone Evaluation

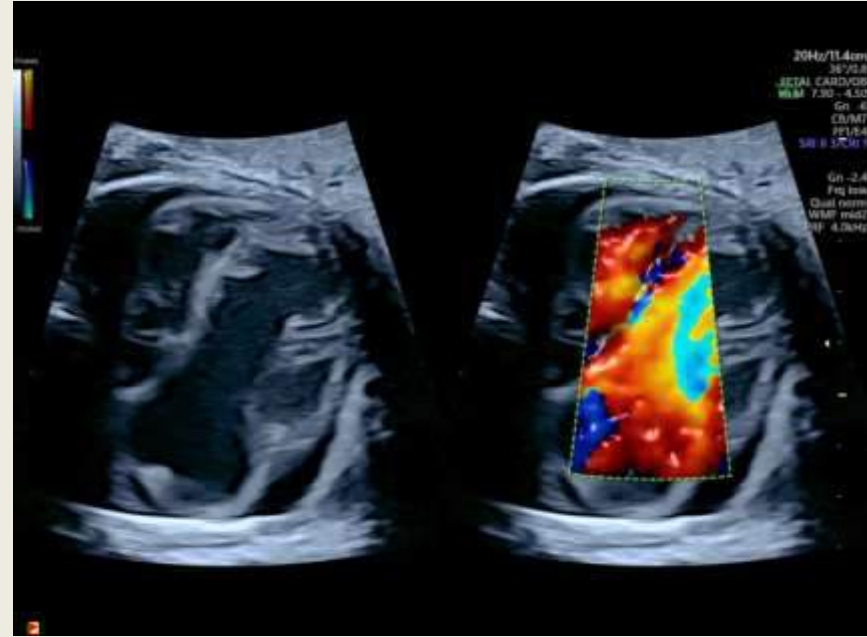
## Echocardiogram



After Starnes



Neonatal

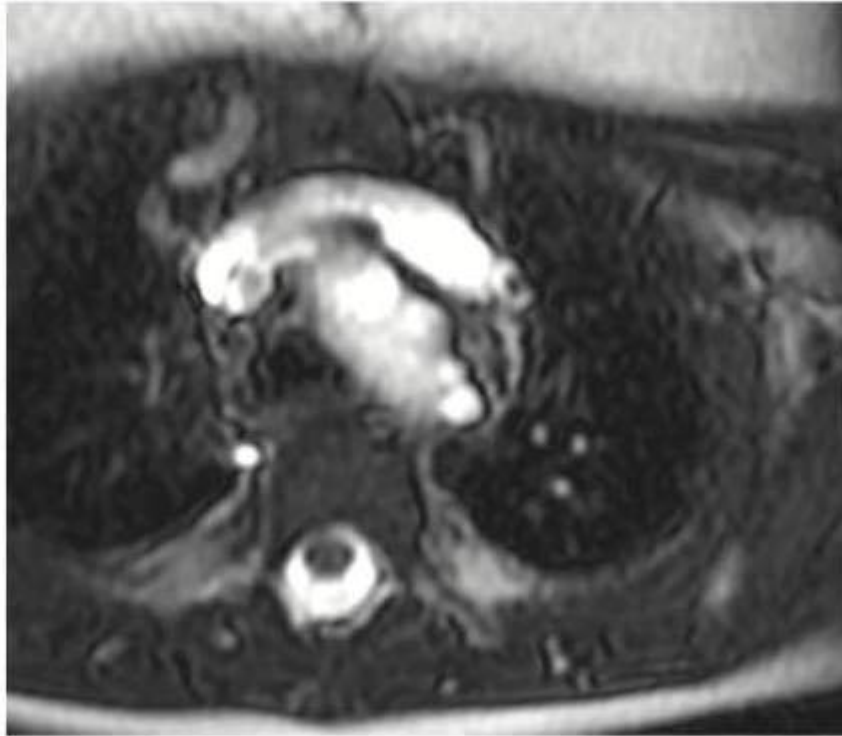


Fetal

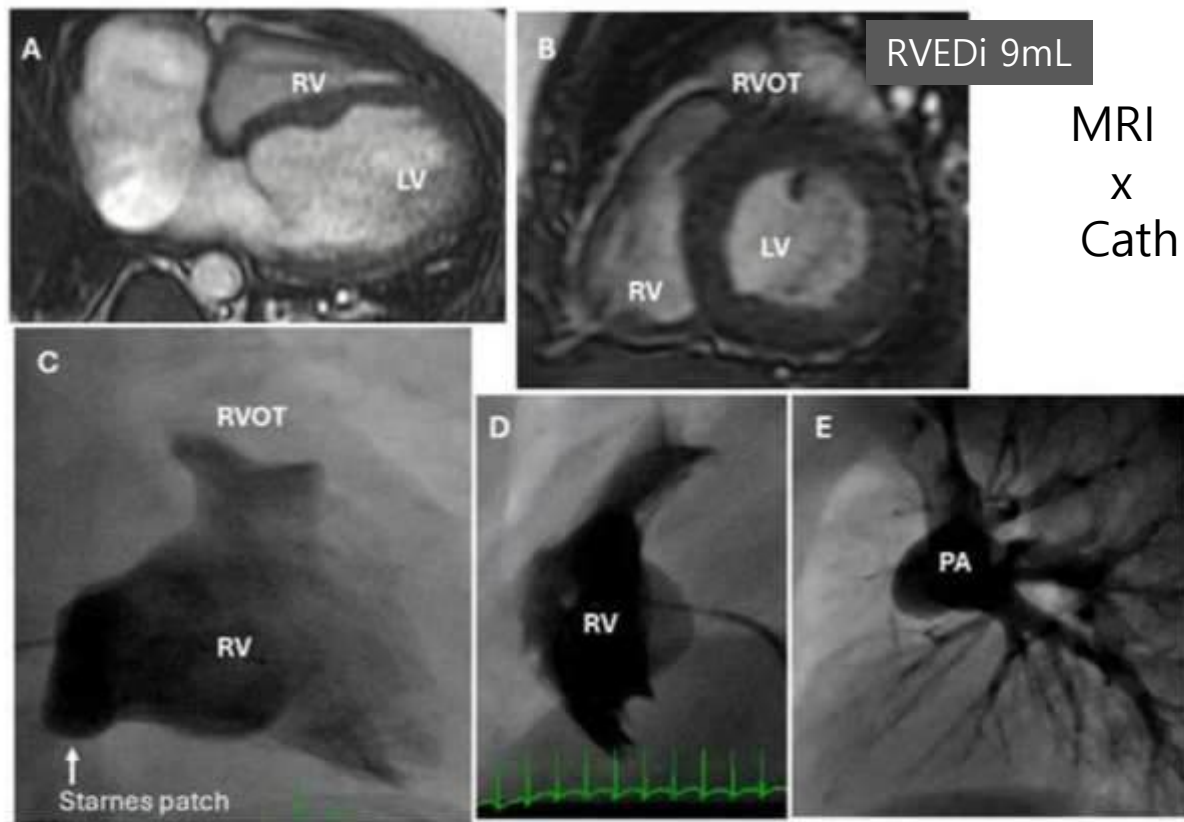


# Pre Cone Evaluation

## MRI



## Pre Cone Evaluation



## The cone repair allows right ventricle rehabilitation with excellent tricuspid valve function following the Starnes procedure

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TABLE 5. Postoperative imaging

Patient	Anatomy	Valves	Discharge echocardiography		Time since surgery, mo	Follow-up echocardiography		
			RV function	TR		TR (late)	RV function	LVEF, %
1	EA + PA	1.5	Moderately depressed	Trivial	27	Mild	Moderately depressed	75
2	EA + PA	2	Normal	Mild	53	Trivial	Normal	66
3	EA + PA	1.5	Normal	Mild	43	Mild	Normal	58
4	EA + PVS	1.5	Severely depressed	Mild	16	Trivial	Severely depressed	53
5	EA + severe PI	1.5	Severely depressed	Trivial	17	Mild	Moderately depressed	58
6	EA	2	Mildly depressed	Trivial	N/A	N/A	N/A	N/A
7	E + PA	1.5	Normal	Trivial	N/A	N/A	N/A	N/A
8	EA + moderate PI	2	Normal	Trivial	N/A	N/A	N/A	N/A
9	EA + severe PVS + VSD	2	Normal	Moderate	N/A	N/A	N/A	N/A
10	EA	2	Normal	Trivial	N/A	N/A	N/A	N/A
11	EA + PA	1.5	Normal	Trivial	N/A	N/A	N/A	N/A

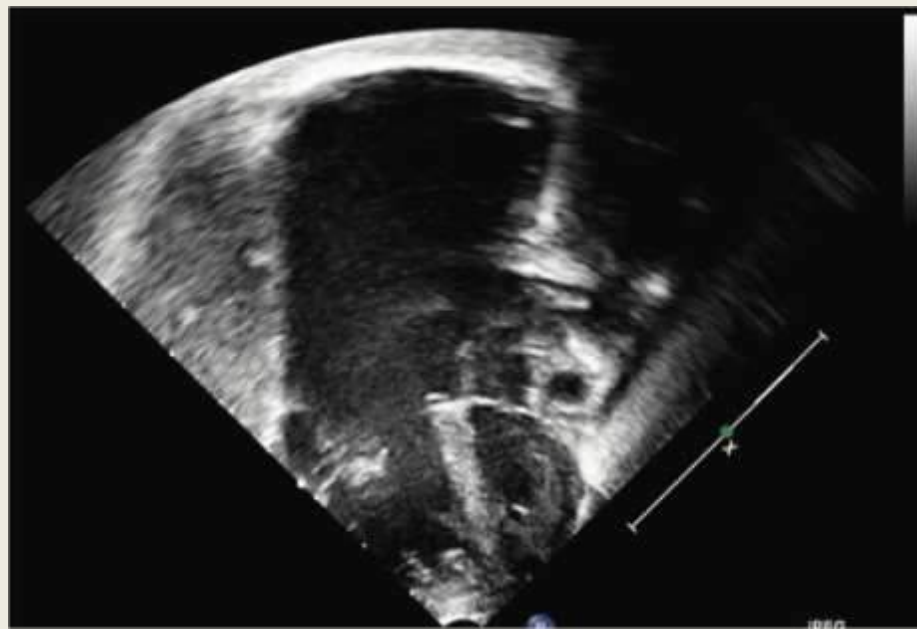
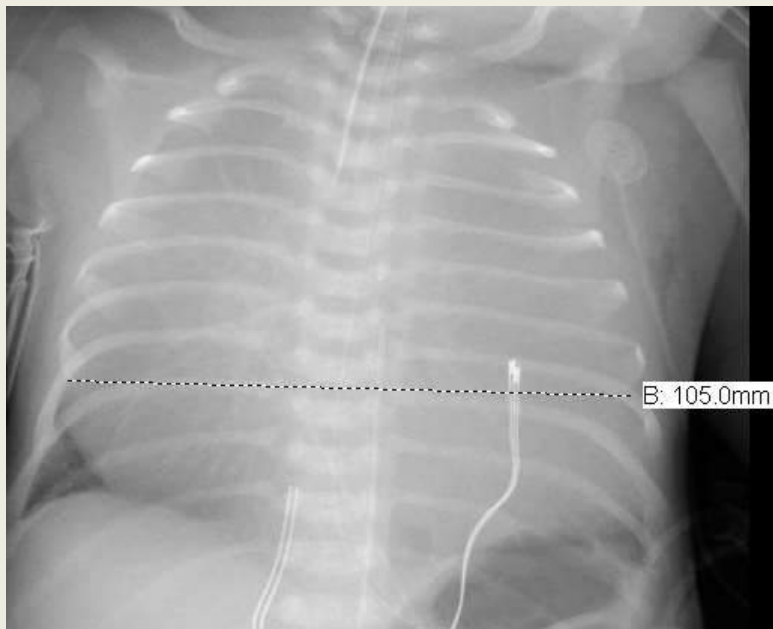
RV, Right ventricle; TR, tricuspid regurgitation; LVEF, left ventricular ejection fraction; EA, Ebstein anomaly; PA, pulmonary atresia; PVS, pulmonary valve stenosis; PI, pulmonary valve insufficiency; N/A, not available; VSD, ventricular septal defect.

# OUR CURRENT EXPERIENCE

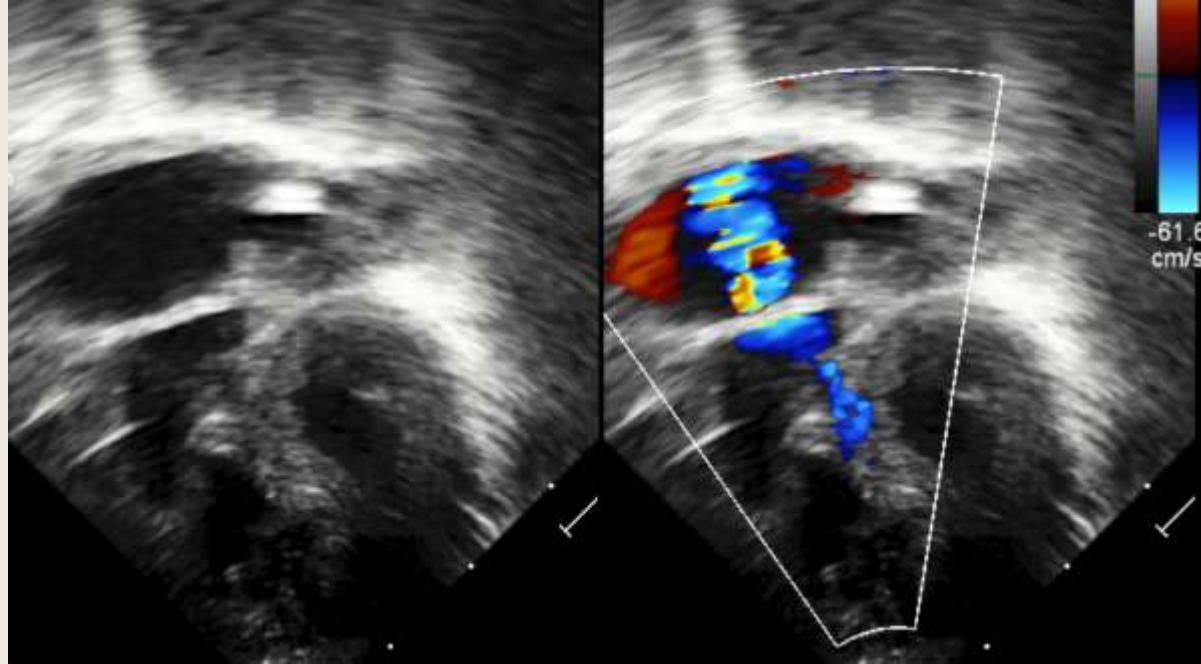
## 18 sequential cases- Cone after Starnes

Patient	Initial Anatomy	Age (mo)	Glenn Age	Echo	Cardiac catheterization		O2 Sat	Cardiac MRI	Discharge Echo		
				Veloc(m/s)	RVSp (mmHg)	PVR(wu x m2)		RVEDVi(ml/m2)	RV EF %	RV function	Tricusp Regurg
1	EA+PA	17	3	2.1	24/5	1.5	81	Not done	Not done	Mod depr	Trivial
2	EA+PA	5	Not done	2.6	42/8	0.7	76	35	31	Normal	Mild
3	EA+PA	29	4	4	Not done	2.0	79	55	10	Normal	Mild
4	EA+PVS	61	9	1.1	11/6	0.9	78	105	12	Severe depr	Mild
5	EA+PI Severe	33	4	0.7	13/6	1.2	77	Not done	Not done	Severe depr	Trivial
6	EA	27	Not done	1.7	12/1	3.3	82	Not done	Not done	Mild depr	Trivial
7	EA + PA	41	6	2.8	25/6	2.0	80	24	42	Normal	Trivial
8	EA + PI Moder.	18	11	1.6	11/4	2.1	73	22	34	Normal	Trivial
9	EA+PS+VSDs	16	Not done	Non-fenest.	80/9	1.9	71	Not done	Not done	Normal	Moderate
10	EA	8	Not done	1.4	N/A	2.8	88	Not done	Not done	Normal	Trivial
11	EA+PA	55	4	0.9	28/8	1.5	82	Not done	Not done	Normal	Trivial
12	EA + PI	26	13	2	Not done	2.1	78	CT scan normal RV	Not done	Mild depr	Mild
13	EA +PI	28	5	2	Not done	1.79	76	Not done	Not done	Normal	Mild
14	EA+ PS suprav	96	7 + Fontan	1.4	Not done	2.49	92	25	10	Normal	Mild
15	EA + PA memb	28	7	1.3	Not done	0.9	77	Not Done	Not done	Mod depr	Mod/severe
16	EA+ PA memb	22	7	2.5	47/6	2.68	73	Not done	Not done	Mild depr	Mild/mod
17	EA+ PI Severe	19	5	2.6	25/4	0.82	79	20	Not done	Mild depr	Mild
18	EA+ PI Severe	15	8	1.2	15/3	1.7	79	23	24	Normal	Mild

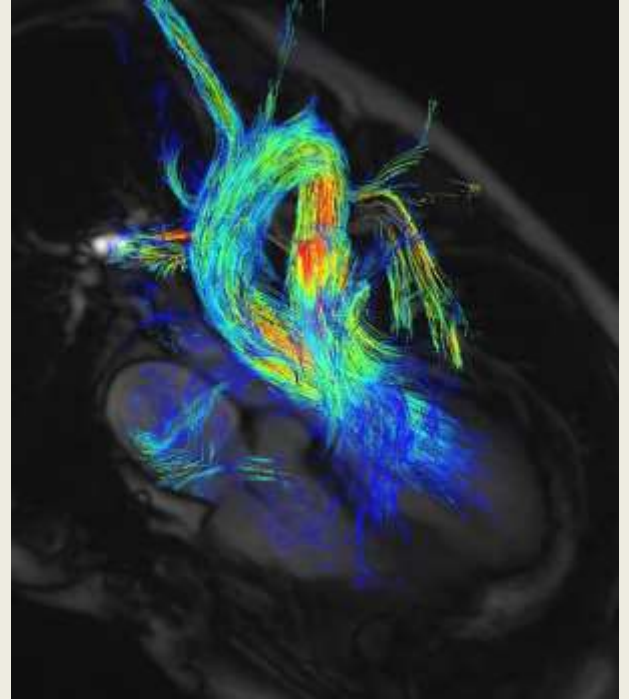
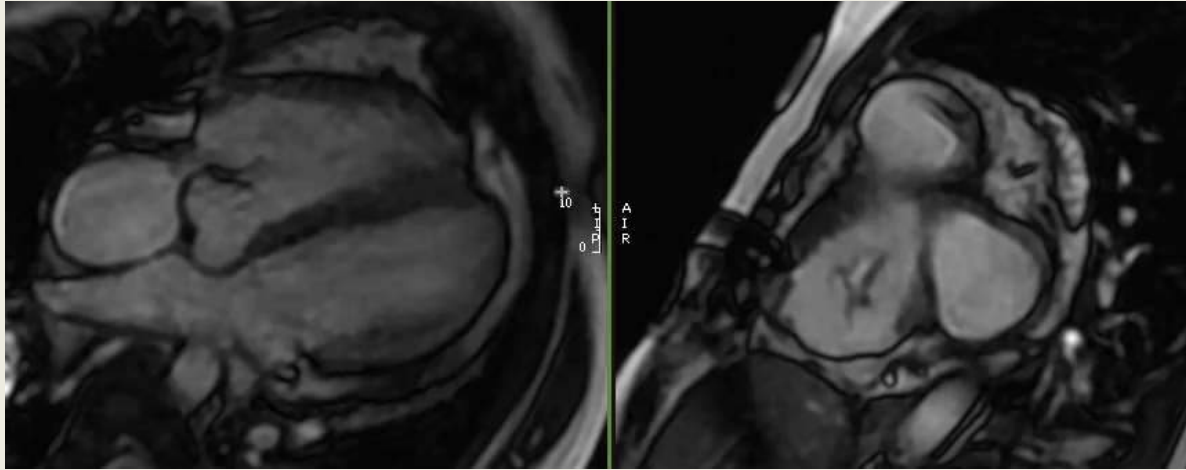
## Newborn with severe EA and PA



1 wk s/p Starnes, RA reduction, BTTS



Six-year-old, good clinical condition, attending kindergarten





## NEONATAL EBSTEIN'S ANOMALY

### Summary

The right ventricle rehabilitation with the Cone repair after the Starnes procedure provides excellent clinical outcomes, encouraging the use of the Starnes procedure on critically ill Ebstein's anomaly neonates.

Preserving the pulmonary and tricuspid valves during the neonatal intervention is essential to facilitate the subsequent steps in this staged approach.

Thank you!



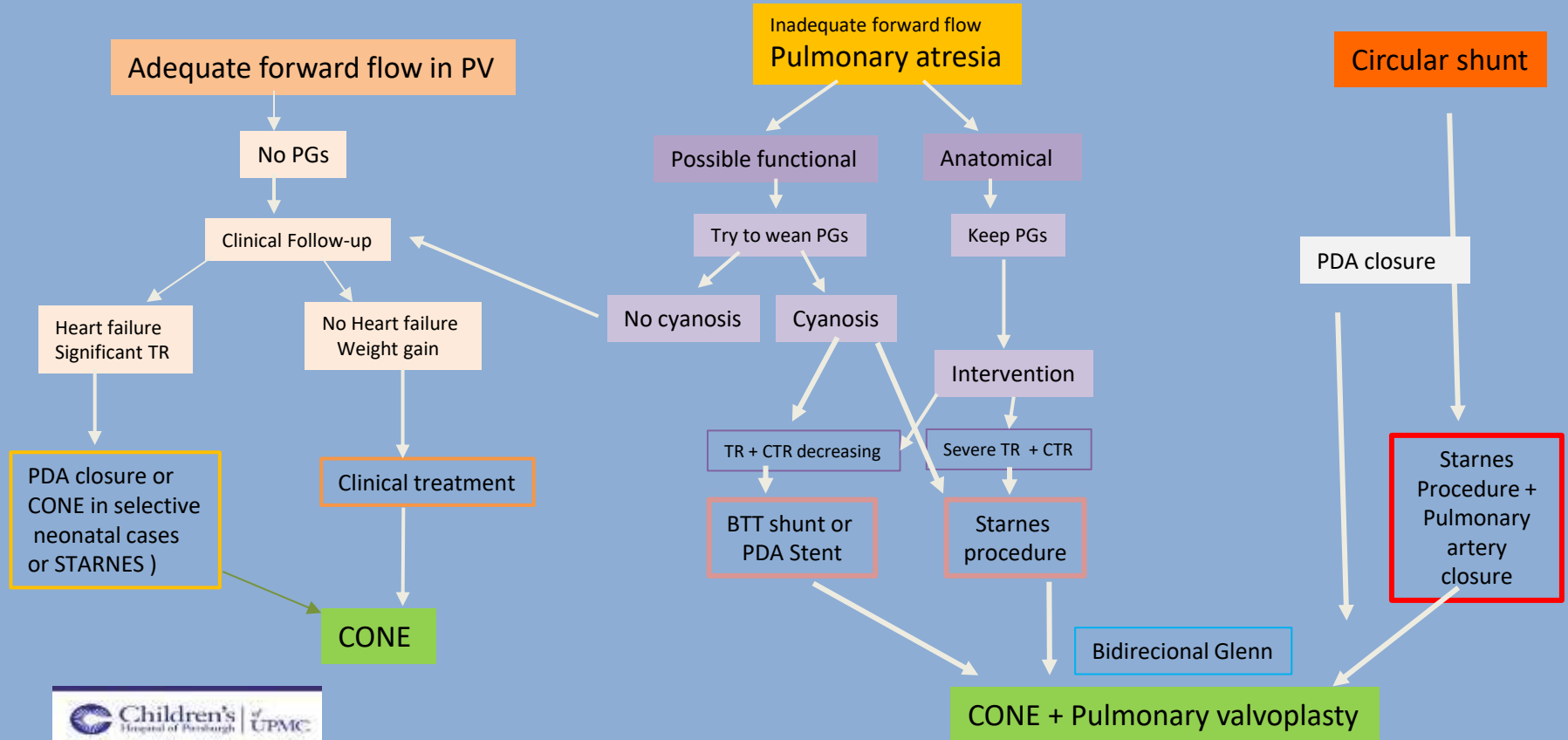
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heart  
institute

# Newborn with Ebstein's anomaly



## Fetal diagnosis of Ebstein's anomaly

If Circular shunt: DA closure NSAIDs transplacental

## Newborn with Ebstein's anomaly

### Clinically stable:

#### Avoid interventions

- Elevated pulmonary vascular resistance
- Risks of AV valve surgery in children < 3 months and <3,5 Kg.

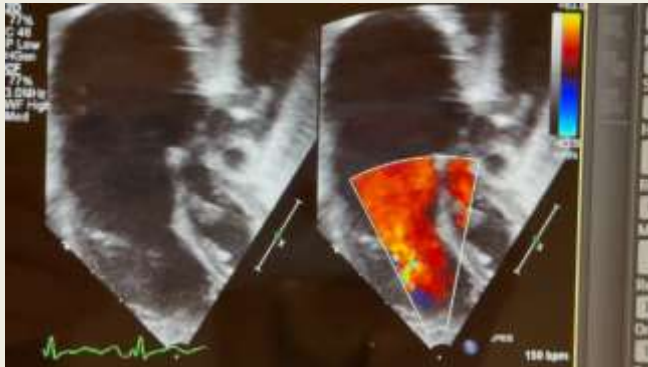
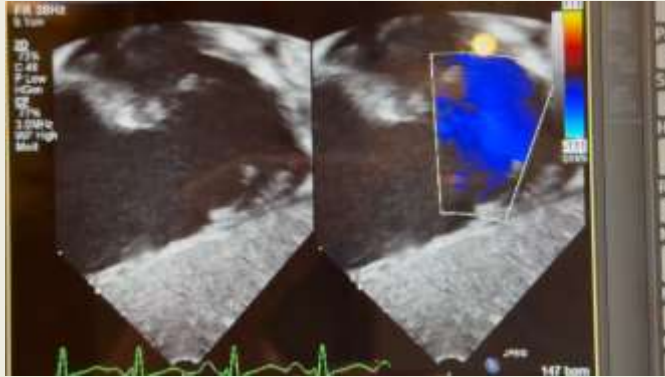
### Unstable:

- Entubation/Ventilation
- Prostaglandin** (PDA dependent + reduction of Pulmonary vascular resistance)
- Nitric Oxide
- Inotropic support – Milrinone
- Rhythm control
- ECMO**

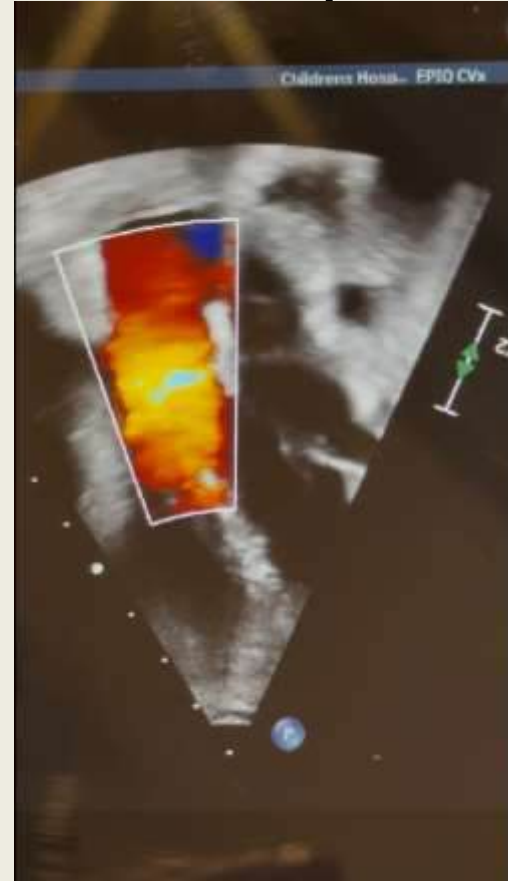


FOLLOW-UP

After 6 years



Feb 2019



# Cone procedure applied to 5 Newborns – AATS 2014

## THE CONE RECONSTRUCTION TECHNIQUE

Unusual right atrial cross displacement of the TV, anterior and septal leaflets are detected from ventricular wall circumferentially, leaving between attached only an dorsal trough for pulmonary valve, aorta, or ductus to aorta. The anterior and posterior leaflets are resected on a single plane. The free edges of the ventricles at septal distance and usually two vertical incisions along the ventricular wall to lateral septal-trail edge and the anterior leaflet to the medial septal-trail edge. The connection with the septal component is important to prevent stenosis and insufficiency of the TV post-op and performed in Patient #5 case (Discussion). The tricuspid annulus at the RV junction level is glued and the base of the cone is sutured (Values chosen of the cone needs defect to be performed).

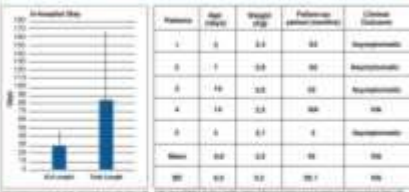


Figure 1. (A) Unusual right atrial cross displacement of the TV, anterior and septal leaflets are detected from ventricular wall circumferentially, leaving between attached only an dorsal trough for pulmonary valve, aorta, or ductus to aorta. (B) Unusual right atrial cross displacement of the TV, anterior and septal leaflets are detected from ventricular wall circumferentially, leaving between attached only an dorsal trough for pulmonary valve, aorta, or ductus to aorta. (C) Unusual right atrial cross displacement of the TV, anterior and septal leaflets are detected from ventricular wall circumferentially, leaving between attached only an dorsal trough for pulmonary valve, aorta, or ductus to aorta.

## RESULTS

Five (5) newborns were included in this study. All presented with cyanosis at birth, received mechanical ventilation, PEEP and extracorporeal support and were alive at 24 hours before the surgical procedure. There were no deaths or postoperative ECMO. Only one had arrhythmia (PVCs).

There was one hospital death due to pulmonary bleeding in the third day postoperative. There was no late death after a mean follow-up of 42 (ranging from 10 to 100) months. All survivors became asymptomatic at mid-term. Only one patient underwent valve re-repair during the follow-up period.



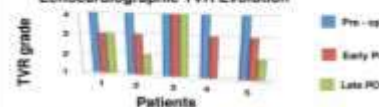
Preoperative chest xray showed significant enlargement of cardiac silhouette in all patients. In mid-term, 2 patients of cone reconstruction died of late death, one had moderate cardiomegaly and the other had cone re-repair in rapid progression of the heart size, shown in Figure 3.

## Endoscopic Follow-up



Preoperative echocardiograms showed increased RV dilation and severe TVR in all patients. All presented ASD or between tricuspid annulus and 3 patients showed some pulmonary branch atresia. Functional pulmonary branch was present in 4 cases. Late echocardiographic echocardiograms showed good RV function in all patients and reduction in TVR (grade in 3 patients).

## Echocardiographic TVR Evolution



## Endoscopic Follow-up

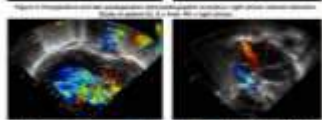


Figure 8. Preoperative echocardiogram showing severe TVR in all patients. In mid-term, 2 patients of cone reconstruction died of late death, one had moderate cardiomegaly and the other had cone re-repair in rapid progression of the heart size, shown in Figure 3.



### The Cone Technique for anatomic repair of Ebstein's anomaly of the tricuspid valve in newborn infants: patient selection criteria.

Montanhes, P.K., MD; da Silva, J.P., MD; da Silva, L.F., MD; Baumgratz, J.F., MD; Lopes, L.M., MD.  
Hospital Beneficência Portuguesa - São Paulo, Brazil.

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## CONCLUSION

Although the optimal surgical management of critically ill neonates with Ebstein's anomaly of the TV remains controversial, the Cone reconstruction technique can be used with good short and mid-term results if there is favorable TV anatomy and reasonable RV function. For patients who do not attend to these criteria, other surgical intervention must be performed.

**Neonatal Ebstein's anomaly  
Treatment**

**Ebstein's Anomaly: Surgical Treatment of 9 Neonates**  
UPMC Children's Hospital of Pittsburgh, 2016 - 2021

Procedure	Procedures	Special Characteristics	Death/Reoperation
Primary Neonatal Cone Repair	2	1 in preop ECMO	0/1
Neonatal Starnes	4	2 in preop ECMO	0/0
Cone repair after Starnes procedure	3	Age: 5 to 17 months 2 BD Glenn	0/0
Neonatal PDA stenting	2	1-Cone done at 6 months 1-LVnoncompaction - death	0/1 1/x
Neonatal medical management	1	Received the cone repair at 3-yo	0